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Mailing this to someone inside? Print one side only, black ink, plain white paper. No staples or clips. Put their full name and number on the envelope. Some facilities limit pages per envelope: check their mail rules first.

FEDERAL PRISON GUIDE

VISIT PACKET: FCI LOMPOC I

Federal Correctional Institution · Lompoc, CA · Phone 805-736-4154

VISIT CARD · CUT OUT AND KEEP IN THE CAR

WHEN

Saturday, Sunday and federal holidays

The visiting rules list no visiting days except Saturday, Sunday and federal holidays.[1]

HOURS

8:30 a.m. to 3:00 p.m.

No visitors are processed through the front entrance before 8:30 a.m.[1]

VISITS

6 points a month

They get 6 points a month.[1]

WHO CAN COME

4 people at one time, children under 16 included

No more than 4 people at one time, children under 16 included.[1]

BRING

16 or older

Everyone 16 or older needs valid state or government photo ID: a REAL ID, a U.S.[1]

CALL FIRST

805-736-4154

Call before you drive, every time.

BEFORE YOU GO: GET ON THE LIST

1. In orientation they fill out an **Inmate Proposed Visiting List** and give it to their unit counselor. They also say which visitors need accommodations for a disability.
2. Each visitor who is not confirmed immediate family may get a background check and must be approved. The complex gives out the **FCC Visitor Information Form** (in English or Spanish) with the visiting rules. They mail them to you.
3. The list holds **at most 10 people**. Approved friends may be limited to three, depending on how many family members are on it.
4. They must have known you before prison, unless the Warden approves an exception. A visitor with a criminal conviction is reviewed by the Unit Manager, and the Warden decides.
5. **They** tell you whether you were approved. Do not drive until you are approved. They can add or delete people at any time, and the unit team checks the list every 30 days.[1]

AT THE DOOR

SCREENING	Everyone clears the **walk-through metal detector**. If you fail it, you cannot come in (people with a medical device and a doctor's letter get another kind of screening). Your hand is stamped with invisible ink and checked as you come in and leave. Visitors get random pat searches (same sex staff) and random ion scanner tests. Refuse the ion scan and you cannot visit for at least 48 hours.[1]
VENDING MACHINES	**Debit or credit cards are the only way to pay** at the vending machines. Cash is not mentioned as allowed. You cannot give money for their account.[1]
WHAT YOU CAN CARRY	One clear or see-through purse, 8 inches or smaller, and necessary life-saving medicine in its original container (an inhaler, for example). Baby items: two nursing bottles (3/4 full), six diapers, wet wipes, one change of clothes, and two baby blankets no bigger than 2 by 3 feet; sealed formula or baby food. No powders, creams, bowls or cups, and no baby carriers or strollers.[1]
LOCKERS AND PHONES	A limited number of lockers are for people who came by public transportation or were dropped off. **Cell phones and electronics cannot go in the lockers.** Anything left in a locker after visiting hours is treated as contraband.[1]
WHAT NOT TO WEAR	No watches, sunglasses, hats, scarves, gloves, open-toed shoes, see-through clothes, tight pants, tight or revealing tops, halter or sleeveless shirts, hoodies, athletic pants or jogging shorts. Knee-length Bermuda shorts are allowed. Skirts with slits, or dresses above the bend of the knee, are not. Women must wear a bra. **No plain white T-shirt as the only shirt. No khaki or gray clothing.** No gang, club or professional sports team clothing. Prohibited clothing under a coat is also not allowed.[1]
TOUCHING	Kissing and embracing only at arrival and departure. Other than holding hands, no other contact. No sitting in laps. You stay seated during the visit.[1]
WHAT THEY WEAR	Inmates in the prisons wear issued khaki shirts and trousers, a T-shirt, underwear and socks, and are visually searched before and after. Camp inmates wear green shirts and trousers.[1]
WHEN IT GETS CROWDED	Staff first ask for volunteers to leave. Then local visitors and those who drove the fewest miles are asked to leave. Last, the people who arrived first.[1]
SEX OFFENSE INVOLVING A MINOR	People convicted of a sex offense involving a minor must sit directly in front of the officers' station, and their visits are closely watched.[1]

ALL VISITING DAYS AND HOURS

WHERE	DAYS	HOURS
All of FCC Lompoc (both prisons and the camps)	Saturday, Sunday and federal holidays	8:30 a.m. to 3:00 p.m.
Special Housing Unit (SHU)	Non-contact, by live video, in the South Camp visiting room. Up to 4 people including children. One hour.	Same hours

No visitors are processed through the front entrance before 8:30 a.m. or after 2:00 p.m. You may not enter the parking lot before 8:00 a.m. Visitors who wait on the side of the main road, block traffic or park on federal property, including staff housing areas, can lose the day's visit or have visiting suspended.[1]

The visiting rules list no visiting days except Saturday, Sunday and federal holidays.

GETTING THERE

The address	FCI Lompoc I: 3600 Guard Road, Lompoc, California 93436. Phone 805-736-4154 (BOP facility feed). The visiting rules say transportation instructions and directions are available from the prison, and give none themselves.

WHAT TO WEAR TO A VISIT

The BOP beats to its own drum. The front desk has the final say. Keep a spare outfit in the car.

FCI LOMPOC I

Rules dated **July 16, 2025** (1 year old)

Official rules (PDF) (bop.gov/locations/institutions/lof/lox_visit.pdf) En español (PDF) (bop.gov/locations/institutions/lof/lox_visit_sp.pdf)

Skirts and dresses	Skirts/dresses, including slits, not above bend of knee (0 inches).
Shorts	No jogging shorts; knee-length Bermuda-type shorts allowed.
Colors to avoid	No khaki-colored clothing of any type. No grey-colored clothing of any type.
Leggings, spandex	No tight pants or tight or revealing shirts or blouses.
Bras and metal	Female visitors must wear undergarments (bra).
Camouflage, military	Not in the written rules. Many prisons ban both; leave them home.
Shoes	No open-toed shoes; shoes must be worn at all times.
Children	No exceptions: clothing rules apply to all visitors regardless of age.

ALL 21 RULES, IN THE BOP'S OWN WORDS

LENGTH AND FIT

- Skirts/dresses, including slits, not above bend of knee (0 inches).
  BOP wording: "type shorts are permitted. Skirts with slits or dresses that"
- No jogging shorts; knee-length Bermuda-type shorts allowed.
  BOP wording: "jogging shorts, are not allowed. However, knee length Bermuda-"
- No sleeveless shirts.
  BOP wording: "blouses, halter or sleeveless shirts, hoodies, athletic pants or"
- No halter shirts.
  BOP wording: "blouses, halter or sleeveless shirts, hoodies, athletic pants or"
- No see-through clothing.
  BOP wording: "Watches, sunglasses, hats, scarfs, gloves, open toed shoes, see-"
- No tight pants or tight or revealing shirts or blouses.
  BOP wording: "through clothing, tight pants, tight or revealing shirts or"
- No athletic pants or jogging shorts.
  BOP wording: "blouses, halter or sleeveless shirts, hoodies, athletic pants or"

COLORS AND UNIFORMS

- No khaki-colored clothing of any type.
  BOP wording: "type of khaki or grey colored clothing is also prohibited. The"
- No grey-colored clothing of any type.

BOP wording: "type of khaki or grey colored clothing is also prohibited. The"

BRAS, UNDERWEAR AND METAL

- Female visitors must wear undergarments (bra).
  BOP wording: "visitors must wear undergarments (bra). Visitors will not be"

SHOES

- No open-toed shoes; shoes must be worn at all times.
  BOP wording: "Watches, sunglasses, hats, scarfs, gloves, open toed shoes, see-"

HATS, HOODS AND COATS

- No hats or scarves.
  BOP wording: "Watches, sunglasses, hats, scarfs, gloves, open toed shoes, see-"
- No hoodies.
  BOP wording: "blouses, halter or sleeveless shirts, hoodies, athletic pants or"
- Prohibited clothing may not be worn under coats or jackets.
  BOP wording: "wearing of prohibited clothing items under coats or jackets is"

CHILDREN

- No exceptions: clothing rules apply to all visitors regardless of age.
  BOP wording: "Clothing regulations apply to all visitors, regardless of age."

EVERYTHING ELSE

- No club, gang, or other organization symbols.
  BOP wording: "gang, or other organization symbols is strictly prohibited."
- No plain white T-shirt as the only shirt.
  BOP wording: "allowed to wear plain white T-shirts as their only shirt. Shoes"
- No professional sports team items or clothing.
  BOP wording: "also prohibited. No professional sport's team related items or"
- No watches, sunglasses, or gloves.
  BOP wording: "Watches, sunglasses, hats, scarfs, gloves, open toed shoes, see-"

IF THEY SAY NO

- Immodestly or provocatively dressed visitors may be denied visiting.
  BOP wording: "provocatively dressed may be denied the privilege of visiting."
- Operations Lieutenant or IDO decides on questionable attire.
  BOP wording: "the Operations Lieutenant or the IDO who will make the decision"

MAIL AND THE MAILING ADDRESS

Your full name
Your street address
City, State ZIP

STAMP

Their committed name, exactly as the BOP Inmate Locator shows it

Reg. No. _____-___
FCI Lompoc I
3600 Guard Road
Lompoc, CA 93436

The envelope, filled in. Their name and number must match the BOP Inmate Locator exactly.[2]

The BOP lists this prison's inmate mail address as the street address, **3600 Guard Road**, with no P.O. Box. Put their register number and housing unit on the envelope. Mail is delivered Monday to Friday.[2]

> **USE EXACTLY THIS ADDRESS.** Lompoc I has no P.O. Box for inmate mail.

THE MAIL RULES

OUTGOING MAIL	Whether they may seal outgoing mail depends on the prison's security level, so ask them. The envelope needs their committed name, register number and the complete return address in the upper left corner.[2]
LEGAL MAIL	Opened in front of them, not read or copied, if the envelope names the sender and says "Special Mail - Open only in the presence of the inmate" or similar.[2]
PACKAGES	Every package needs approval first.[2]
WRITING TO OTHER INMATES	Only to immediate family (mother, father, sister, child, spouse) or someone in the same court case. The Unit Manager must approve.[2]
MOVED OR RELEASED	General mail is forwarded for 30 days after a transfer or release. After that it is returned to the sender.[2]
MONEY	Never put money in a letter. It goes to the BOP lockbox in Des Moines, Iowa (see the Money tab).[2]

Sources

1. LOX 5267.09d, Visiting Regulations, FCC Lompoc complex supplement (July 16, 2025) bop.gov/locations/institutions/lof/lox_visit.pdf
2. FCC Lompoc Admission and Orientation Handbook (updated October 28, 2015) bop.gov/locations/institutions/lof/lox_ao-handbook.pdf