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Mailing this to someone inside? Print one side only, black ink, plain white paper. No staples or clips. Put their full name and number on the envelope. Some facilities limit pages per envelope: check their mail rules first.

FEDERAL PRISON GUIDE

VISIT PACKET: FCI FORREST CITY LOW

Federal Correctional Institution · Forrest City, AR · Phone 870-630-6000

VISIT CARD · CUT OUT AND KEEP IN THE CAR

WHEN
Saturday, Sunday and federal holidays
No regular visiting on weekdays.[1]

HOURS
8:00 a.m. to 3:00 p.m.
Visitors are not allowed on the grounds before 7:45 a.m.[1]

VISITS
five visiting points a month
At the main prison each person gets five visiting points a month.[1]

WHO CAN COME
How many people
Rules (2025): four adults and five children, with extra children approved by the Unit Team (same at the camp).[1]

BRING
Photo ID
You must show state or government photo ID, such as a driver's license or passport.[1]

CALL FIRST
870-630-6000
Call before you drive, every time.

THE BOP'S OWN PAPERS DISAGREE. The two newest BOP papers disagree. The **visiting rules (August 19, 2025)** say visiting is 8:00 a.m. to 3:00 p.m., visitors cannot be on the grounds before 7:45 a.m., and each inmate may have **four adults and five children**. The **handbook (July 21, 2026)** says 8:30 a.m. to 3:00 p.m., no one on the grounds before 8:00 a.m., and **three adults, no more than five visitors in all, children included**. Call 870-630-6000 before you drive, and plan for the stricter numbers.[1]

BEFORE YOU GO: GET ON THE LIST

1. Your loved one tells their Unit Team who they want on the list. For someone who is not immediate family, the Unit Team asks for background information, and your loved one mails the forms (BP-S309 and BP-S310) to you.
2. The Unit Team tells your loved one if you are approved. **They** tell you. Do not drive until you are approved.
3. Immediate family is mother, father, step-parents, foster parents, brothers, sisters, wife and children. A common-law wife needs verification.
4. Grandparents, aunts, uncles, in-laws, cousins, friends and others are ordinarily approved if the relationship started before prison.
5. Someone with a criminal record can still be approved after the Unit Team weighs it.
6. New arrivals with no list: only immediate family can visit, once the relationship is verified (usually within two weeks).
7. A visitor can be on only one inmate's list, except for immediate family.[1]

AT THE DOOR

CHILDREN	Anyone under 18 needs written consent from a parent or legal guardian to visit. Children under 16 must be with a responsible adult. Parents must keep small children under control. The visiting room has a Children's Center.[2]
SCREENING	You walk through a **metal detector**, your items are searched, and you may be tested with an **Ion Spectrometry Device**. Your hand is stamped with ultraviolet ink and checked going in and out. Metal plates, pins or a pacemaker: bring medical papers. Tell the front lobby officer about any contagious illness (such as measles or chicken pox).[1]
MONEY	Up to **$20.00** in $5 and $1 bills and change, for the vending machines.[1]
WHAT YOU CAN CARRY	One small clear plastic purse, no bigger than 8 by 8 inches. For a baby: diapers, formula, sealed baby food and one blanket, only what you will use during the visit. Formula is mixed in front of the front lobby officer. Life-saving medication (like nitroglycerin or an inhaler) stays at the visiting room officer's station. You may bring only one key, to the car door. Lockers are only for people who came by cab or were dropped off.[1]
NOT ALLOWED IN	Strollers, baby carriers, baby powder or creams, food or drink, candy, gum, tobacco, matches or lighters, toys, photographs, papers, pens, phones and other electronics, cosmetics, and animals (except trained service animals).[1]
WHAT TO WEAR	Casual but conservative. No see-through clothes or holes, sleeveless shirts, tank, halter or crop tops, no clothes that show the stomach, back, underarms or thigh, no form-fitting clothes or stretch pants, no swim suits, hats (except religious headwear), camouflage, khaki or shirt and pant combinations that look like inmate clothing, sweat suits or hooded sweatshirts, sunglasses, backless outfits, profanity, open-toe shoes or flip-flops, purses, jackets or coats, gloves, scarves, wrist watches or pajamas. Skirts must be below the knee, sitting and standing. A light sweater is allowed if it has no hood or pockets.[1]
TOUCHING	A kiss and an embrace at the start and end of the visit.[1]
VENDING MACHINES	Visitors buy food and hand it to them unopened. They cannot go into the vending area. No sharing food or drink.[1]
IF YOU LEAVE	If a visitor leaves the visiting room for any reason, the visit is over for the day.[2]
WHEN IT GETS CROWDED	Handbook: visits end for the people who came in first, by sign-in time. Exceptions are made for people who traveled more than 100 miles. The Low visiting room holds **259** and the camp room holds **156**.[2]

ALL VISITING DAYS AND HOURS

WHERE	DAYS	HOURS
Low visiting room	Saturday, Sunday and federal holidays	8:00 a.m. to 3:00 p.m. (rules); 8:30 a.m. to 3:00 p.m. (handbook)
Satellite camp	Saturday, Sunday and federal holidays	8:00 a.m. to 3:00 p.m. (rules); 8:30 a.m. to 3:00 p.m. (handbook)
Special Housing Unit (SHU)	Mondays only, by phone and video, for one hour. They send a request to the SHU Lieutenant with the date, a one-hour time and who will visit.	One hour

Visitors are not allowed on the grounds before 7:45 a.m. (rules) or 8:00 a.m. (handbook). The handbook says no visitors are processed after 9:30 a.m. on weekends and holidays (for the 10:00 a.m. count) and none after 2:00 p.m. (for the 4:00 p.m. count). The rules say processing stops one hour before the count and one hour before visiting ends.[1]

No regular visiting on weekdays. If visiting is canceled, the prison page on bop.gov shows a red banner. The camp has no points system for weekday visits written in the rules, and weekday visits are not listed.

WHAT TO WEAR TO A VISIT

The BOP beats to its own drum. The front desk has the final say. Keep a spare outfit in the car.

FCI FORREST CITY LOW

Rules dated **August 19, 2025** (1 year old)

Official rules (PDF) (bop.gov/locations/institutions/for/for_visit.pdf) En español (PDF) (bop.gov/locations/institutions/for/for_visit_sp.pdf)

Skirts and dresses	Skirts below the knee standing and seated; slits no higher than knee.
Shorts	No form-fitting shorts; no thigh-revealing clothing.
Colors to avoid	No khaki shirt and pant combination at Medium and Low.
Leggings, spandex	No stretch pants or spandex for adult visitors. No form-fitting shirts, blouses, dresses, skirts, pants or shorts.
Bras and metal	Not in the written rules. Some prisons ban underwire bras anyway, and the penalty can be more than being sent home. Wear a sports bra or a bra with no wire.
Camouflage, military	No camouflage clothing.
Shoes	No open-toe footwear. No flip flops or sandals.
Children	Not in the written rules.

ALL 25 RULES, IN THE BOP'S OWN WORDS

LENGTH AND FIT

- Skirts below the knee standing and seated; slits no higher than knee.
  BOP wording: "must be below the knee in a standing and seated"
- No form-fitting shorts; no thigh-revealing clothing.
  BOP wording: "No formfitting pants or shorts . To include"
- No sleeveless or semi-short sleeve shirts; underarms must be covered.
  BOP wording: "Sleeveless shirts may not be worn ."
- No tops revealing the stomach, including crop tops.
  BOP wording: "No shirts , blouses , or dresses that revea l the"
- No halter tops, tops revealing the back, or backless outfits.
  BOP wording: "No backless outfits ."
- No see-through material, including revealing lace.
  BOP wording: "No clothing made from "see throughu material ;"
- No form-fitting shirts, blouses, dresses, skirts, pants or shorts.
  BOP wording: "short sleeve shirts/blouses ; no formfitting"
- No stretch pants or spandex for adult visitors.
  BOP wording: "stretch pants or spandex for adult visitors ."
- No holes in clothing.
  BOP wording: "including revealing lace , and ho les in clothing ."

- No swim suits.
  BOP wording: "(fl No swim suits"
- No pajama clothing.
  BOP wording: "(r) No pajama clothing ."
- No sweat suits, warm-up suits, jogging suits, or athletic jerseys.
  BOP wording: "No sweat suits or hooded sweat shirts , i . e ."

COLORS AND UNIFORMS

- No khaki shirt and pant combination at Medium and Low.
  BOP wording: "At the Medium and Low components , no khaki or"
- No camouflage clothing.
  BOP wording: "No camouflage clothing ."

BRAS, UNDERWEAR AND METAL

- No wrist watches.
  BOP wording: "(q) No wrist watches ."

SHOES

- No open-toe footwear.
  BOP wording: "No open toe footwear , flip flops , sandals, etc ."
- No flip flops or sandals.
  BOP wording: "No open toe footwear , flip flops , sandals, etc ."

HATS, HOODS AND COATS

- No hats.
  BOP wording: "No hats . Exceptions wi ll be made for traditional"
- Traditional religious headwear (kufi, yarmulke, tam) allowed.
  BOP wording: "rel i gious head wear , i.e ., kufi , Yarmu lkes , tam ,"
- No hooded sweatshirts; sweaters must have no hood.
  BOP wording: "No sweat suits or hooded sweat shirts , i . e ."
- No jackets, coats, gloves, scarves; light sweater without hood/pockets OK.
  BOP wording: "No jackets or coats , no gloves , or scarfs . A"

EVERYTHING ELSE

- No profane or obscene clothing.
  BOP wording: "No profanity or obscene clothing ."
- No suggestive or revealing clothing; conservative dress required.
  BOP wording: "Absolutely no suggestive or revealing clothing will be"
- No sunglasses.
  BOP wording: "(k) No sunglasses ."

IF THEY SAY NO

- Admittance is up to lobby, control, visiting officers, lieutenants, IDO.
  BOP wording: "visitors is up to the discretion of the Front Lobby"

MAIL AND THE MAILING ADDRESS

Your full name
Your street address
City, State ZIP

STAMP

Their committed name, exactly as the BOP Inmate Locator shows it

Reg. No. _____-___

FCI Forrest City Low

P.O. Box 9000

Forrest City, AR 72336

The envelope, filled in. Their name and number must match the BOP Inmate Locator exactly.[2]

The BOP page lists the mailing address as P.O. Box 9000, Forrest City, AR 72336 (the camp uses P.O. Box 8000). Put their committed name, register number and unit on the envelope.[2]

> **USE THE P.O. BOX ONLY.** Never mail to the street address.

THE MAIL RULES

MAIL DAYS	First class mail is handed out Monday through Friday (except holidays), usually by the evening watch officer in each living unit. No mail service on weekends and holidays.[2]
LEGAL MAIL	Legal and special mail is handed out by a member of the Correctional Systems Department as soon as possible after it arrives.[2]
THEIR LETTERS TO YOU	At a medium-security prison they cannot seal outgoing mail. Every outgoing envelope needs a TRULINCS mailing label.[2]
MONEY	Never put money in a letter. Send it to the BOP lockbox in Des Moines (see the Money tab), made out to their committed name and register number.[2]

Sources

1. FOX 5267.09B, Visiting Regulations, Complex Supplement (August 19, 2025) bop.gov/locations/institutions/for/for_visit.pdf
2. FCC Forrest City Admission and Orientation Handbook (July 21, 2026) bop.gov/locations/institutions/for/fox_ao_handbook.pdf