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Mailing this to someone inside? Print one side only, black ink, plain white paper. No staples or clips. Put their full name and number on the envelope. Some facilities limit pages per envelope: check their mail rules first.

FEDERAL PRISON GUIDE

VISIT PACKET: FTC OKLAHOMA CITY

Federal Transfer Center · Oklahoma City, OK · Phone 405-682-4075

VISIT CARD · CUT OUT AND KEEP IN THE CAR

WHEN
Saturday, Sunday and federal holidays
No weekday visiting is listed.[1]

HOURS
8:00 a.m. to 3:00 p.m.
The visiting rules say no visitors are processed after 2:00 p.m.[1]

VISITS
5 points a month
The handbook says cadre get 5 points a month.[2]

WHO CAN COME
5 visitors, children included
No more than 5 visitors, children included, per inmate at one time.[1]

BRING
Photo ID
Everyone over 16 needs valid photo ID, such as a state driver's license or government photo ID card.[1]

CALL FIRST
405-682-4075
Call before you drive, every time.

THE BOP'S OWN PAPERS DISAGREE. The two newest BOP papers disagree. The visiting rules (**August 25, 2025**) say **Saturday, Sunday and federal holidays, 8:00 a.m. to 3:00 p.m.** for everyone. The cadre handbook (**February 17, 2026**) says cadre visit **8:00 a.m. to 12:00 p.m.** and holdovers **1:00 p.m. to 3:00 p.m.** on Saturday and Sunday. They also differ on the last time you can arrive (2:00 p.m. or 2:15 p.m.) and on when the morning count closes the door. **Call 405-682-4075 before you drive.**[1]

BEFORE YOU GO: GET ON THE LIST

1. You must have **known them before prison** to be on the list unless the warden approves an exception.
2. Your loved one sends you the **Visitor Information Form (BP-A0629)** and the FTC Visiting Regulations (Attachment A). Staff review the request and ordinarily answer within **seven working days**.
3. On the day, you fill out **BP-224(52), Notification to Visitor**, in the lobby before the metal detector.
4. The list holds **no more than 20 visitors**. Cadre who transfer in must fill out new visitor forms on arrival.
5. Someone not on the list can write the counselor **at least three weeks before** the visit to explain, and may get a written authorization to show on arrival.
6. Your loved one tells you who was approved. Do not drive until you are approved.[1]

AT THE DOOR

HOLDOVERS	People in holdover or transit status can only have **special visits and visits from immediate family** (mother, father, spouse, children, brother, sister). Holdovers, pre-sentence and pre-trial inmates cannot add visitors to a list. Family is checked from the Pre-Sentence Report or the U.S. Marshals transfer packet. A holdover visit approval lasts **no more than 60 days**.[1]
AGES 16 AND 17	If not with a parent, guardian or adult immediate family member, they need written approval from a parent or legal guardian, approved by the Unit Manager first.[1]
SCREENING	Everyone must pass the **walk-through metal detector** and, if needed, the hand wand. Visitors are randomly tested with an **ION detector** for drugs. You can say no to a search, but then you cannot visit that day. You get a fluorescent hand stamp that is checked when you leave.[1]
WHAT YOU CAN CARRY	One small clear plastic coin purse (6 by 10 inches) with coins, plus baby items. **No watches, phones, purses, wallets, diaper bags, food, pens, paper, cosmetics or umbrellas.** Lockers are at the front entrance.[1]
FOR A BABY	In one clear plastic bag no bigger than 12 by 12 inches with no metal frame: 1 small non-quilted blanket (under 2 by 2 feet), 3 diapers per child, 3 pre-mixed clear baby bottles, 1 small packet of wipes (no more than 20), 1 small tube of diaper rash ointment, 1 bib, 1 empty spill-proof cup. No baby food, spoons or strollers.[1]
WHAT NOT TO WEAR	No khaki, hunter green or orange. No shorts, skinny jeans, leggings, jeggings or tight pants. No tank tops, halter, mesh, crop or tube tops, and no top with straps under 2 inches. No low-cut tops: a top may not be more than four fingers wide below the collarbone. Nothing see-through, torn or frayed. No pajamas, hoodies, sportswear, logos, hats, bandanas or scarves (except religious). Only one vehicle key. Open-toe shoes are not allowed. Coats must be in season and cannot have hoods.[1]
TOUCHING	An embrace or kiss at the start and end of the visit only. No holding hands, and no arm over a shoulder.[1]
ONCE YOU LEAVE	If you leave the visiting room, the visit is over for the day.[1]
WHEN IT GETS CROWDED	Staff first ask for volunteers to end their visit. Then visits from local-area and tri-state visitors end, then those who have been in the room longest.[1]

ALL VISITING DAYS AND HOURS

WHERE	DAYS	HOURS
Visiting rules (August 2025): everyone	Saturday, Sunday and federal holidays	8:00 a.m. to 3:00 p.m.
Handbook (February 2026): cadre (designated to the FTC)	Saturday and Sunday. On federal holidays, 8:00 a.m. to 3:00 p.m.	8:00 a.m. to 12:00 p.m.
Handbook (February 2026): holdovers	Saturday and Sunday	1:00 p.m. to 3:00 p.m.
Special Housing Unit	By video, no more than 2 adults, 1 hour. Arranged with staff.	Set by staff

The visiting rules say no visitors are processed after 2:00 p.m. The handbook says visitors who arrive after 2:15 p.m. cannot visit. **Do not arrive during the 10:00 a.m. count:** the rules say visitors cannot enter from 8:50 a.m. until the count is done, and the handbook says from 9:00 a.m. until the count is done (about 10:20 a.m.). Everyone must park in the marked visitor area and cannot wait in a car.[1]

No weekday visiting is listed. Special visits (clergy, attorney, family emergencies) are set up in advance with the unit team.

GETTING THERE

From I-40	Exit I-40 at MacArthur Blvd. and go south about 7 miles. At the MacArthur Blvd. and Regina Ave. split, keep south on Regina Ave. to SW 74th Street. Turn left (east) on SW 74th to the stop sign at SW 74th and MacArthur Blvd. The institution is straight ahead. The street address is 7410 S. MacArthur Boulevard.
From I-44	Exit I-44 on SW 104th Street and go west to MacArthur Blvd. Turn right (north). The institution is about 2 miles down the road. Follow the signs to park, and lock your car.

WHAT TO WEAR TO A VISIT

The BOP beats to its own drum. The front desk has the final say. Keep a spare outfit in the car.

FTC OKLAHOMA CITY

Rules dated **August 25, 2025** (1 year old)

Official rules (PDF) (bop.gov/locations/institutions/okl/okl_visit.pdf) En español (PDF) (bop.gov/locations/institutions/okl/okl_visit_sp.pdf)

Skirts and dresses	No mini-skirts or skorts; no inch limit given.
Shorts	No shorts, except children under 10.
Colors to avoid	No khaki clothing. No hunter green clothing. No orange clothing.
Leggings, spandex	No leggings or jeggings. No skinny jeans or tight pants; leg opening must be at least knee width.
Bras and metal	Not in the written rules. Some prisons ban underwire bras anyway, and the penalty can be more than being sent home. Wear a sports bra or a bra with no wire.
Camouflage, military	Not in the written rules. Many prisons ban both; leave them home.
Shoes	No open toe shoes. No sandals or flip flops.
Children	Children under 10 may wear shorts.

ALL 27 RULES, IN THE BOP'S OWN WORDS

LENGTH AND FIT

- No mini-skirts or skorts; no inch limit given.
  BOP wording: "No Skinny jeans, shorts, mini-skirts, skorts, leggings, jeggings, or any"
- No shorts, except children under 10.
  BOP wording: "No skinny jeans, shorts, mini shirts, skorts,"
- No tank tops/muscle shirts; no straps under 2 inches; no bare shoulders.
  BOP wording: "No tank tops/muscle shirts, spaghetti"
- No low cut tops; neckline max four fingers below collarbone.
  BOP wording: "Tops should not be more than four fingers width below the collarbone."
- No crop tops; tops must touch pants waist at all times.
  BOP wording: "Shirts/tops must touch the waist of pants/skirts at all times"
- No spaghetti strap, halter, or tube tops; no backless tops.
  BOP wording: "strap/halter/mesh tops, see-through blouses or shirts, tube tops/crop tops, any straps less than 2 inches,"
- No mesh, see-through, or transparent clothing.
  BOP wording: "Transparent and/or see through clothing is prohibited."
- No skinny jeans or tight pants; leg opening must be at least knee width.
  BOP wording: "the bottom of the pant leg is not as wide as or wider than the knee area, it is too tight"
- No leggings or jeggings.
  BOP wording: "leggings, jeggings or any other tight-fitting pants"

- No torn, cut, slashed, frayed, or ripped clothing.
  BOP wording: "No torn, cut/slashed, or frayed pants will be permitted."
- No pajamas or flannel pants.
  BOP wording: "Pajamas and flannel pants are not permitted."

COLORS AND UNIFORMS

- No khaki clothing.
  BOP wording: "No khaki, hunter green, or orange colored clothing."
- No hunter green clothing.
  BOP wording: "No khaki, hunter green, or orange colored clothing."
- No orange clothing.
  BOP wording: "No khaki, hunter green, or orange colored clothing."

BRAS, UNDERWEAR AND METAL

- Undergarments may not be exposed.
  BOP wording: "Undergarments are not permitted to be exposed."

SHOES

- No open toe shoes.
  BOP wording: "No open toe shoes will be allowed,"
- No sandals or flip flops.
  BOP wording: "i.e., sandals, flips flops."

HATS, HOODS AND COATS

- No hats, bandanas, scarves, caps, du-rags, headbands, or hairnets.
  BOP wording: "No hats, bandanas, scarves, caps, du-rags, athletic"
- Head coverings allowed if authorized for religious wear.
  BOP wording: "hairnets are permitted unless authorized for religious wear."
- No hoodies of any type; no coats with hoods.
  BOP wording: "No hoodies of any type."
- Coats only in season, x-rayed, not to hide attire; none with hoods.
  BOP wording: "However, coats or jackets will not be worn to cover up inappropriate attire and coats with hoods will not be permitted"

CHILDREN

- Children under 10 may wear shorts.
  BOP wording: "Children under 10 years old may wear shorts."

EVERYTHING ELSE

- No obscene, offensive, gang, secret society, or fraternity items.
  BOP wording: "may be considered obscene, offensive, or depicts, suggests association with a gang, secret society, or fraternity,"
- No suggestive, violent, tobacco/alcohol/drug, or obscene writing on clothing or pins.
  BOP wording: "Clothing, patches, buttons, pins, jewelry, are not permitted if they have sexually suggestive writing/pictures,"
- No clothing posing a safety hazard.
  BOP wording: "Clothing that poses a safety hazard is not permitted."

- No sportswear or logo type gear.
  BOP wording: "No sportswear or logo type gear."

IF THEY SAY NO

- Dress code violations may result in cancellation of visits.
  BOP wording: "violations may result in cancellation of visits."

MAIL AND THE MAILING ADDRESS

Your full name
Your street address
City, State ZIP

STAMP

Their committed name, exactly as the BOP Inmate Locator shows it

Reg. No. _____-___

FTC Oklahoma City

P.O. Box 898801

Oklahoma City, OK 73189

The envelope, filled in. Their name and number must match the BOP Inmate Locator exactly.[2]

The handbook gives the mailing address as **P.O. Box 898801, Oklahoma City, OK 73189-8801**. All mail must show their committed name, register number and **quarter assignment**. No aliases.[2]

> **USE THE P.O. BOX ONLY.** Never mail to the street address.

THE MAIL RULES

MAIL DAYS	Mail is processed Monday through Friday except legal holidays. Mail is usually handed out by the evening unit officer.[2]
OPENED AND CHECKED	General mail is opened and checked for money and contraband. On arrival they are asked to sign Form 407/408 for this. If they do not sign, incoming mail goes back to the post office.[2]
BOOKS AND MAGAZINES	Letters, magazines and paperback books are allowed. Newspapers and hardcover books must come straight from the publisher.[2]
NOT ALLOWED	Mail to or from other inmates without written approval, musical greeting cards, Polaroid photos, nude photos, plant material and anything that cannot be searched. It is sent back with a rejection form.[2]
PACKAGES	They need written approval before anyone sends a package. Approved packages are generally limited to release clothing.[2]
LEGAL MAIL	Special mail is delivered to them by staff and opened in front of them.[2]
MONEY	Never put money in a letter to them. Funds go to the BOP lockbox in Des Moines (see the Money tab).[2]

Sources

1. OKL 5267.09C, Visiting Regulations (August 25, 2025) bop.gov/locations/institutions/okl/okl_visit.pdf
2. FTC Oklahoma City Cadre Admission and Orientation Handbook (revised February 17, 2026) bop.gov/locations/institutions/okl/okl_cadre-ao-handbook.pdf