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Mailing this to someone inside? Print one side only, black ink, plain white paper. No staples or clips. Put their full name and number on the envelope. Some facilities limit pages per envelope: check their mail rules first.

FEDERAL PRISON GUIDE

VISIT PACKET: FCI CUMBERLAND

Federal Correctional Institution · Cumberland, MD · Phone 301-784-1000

VISIT CARD · CUT OUT AND KEEP IN THE CAR

WHEN
Saturday, Sunday and federal holidays
The rules give no regular visiting days except Saturday, Sunday and federal holidays (CMU: Mon...[1]

HOURS
8:15 a.m. to 3:00 p.m.
The rules give no processing cutoff time.[1]

VISITS
9 points a month
FCI and camp inmates get 9 points a month.[1]

WHO CAN COME
6 visitors
No more than 6 visitors per inmate, and no more than 3 adults (16 or older) without written approval from the...[1]

BRING
16 or older
Everyone 16 or older needs valid photo ID: a federal, state or local government ID, a passport with a U.S.[1]

CALL FIRST
301-784-1000
Call before you drive, every time.

BEFORE YOU GO: GET ON THE LIST

1. Your loved one gives their **unit team** a list of the visitors they want. Immediate family listed in the presentence report is normally put on the list for 30 days right away.
2. They mail you the visitor form **BP-629 (Visitor Information)** and the visiting information sheet (Attachment D). You sign it and send it back to the unit team. A background investigation is required before anyone who is not immediate family is approved, and before immediate family is approved for good.
3. The unit team tells your loved one who was approved. **They** tell you. Do not drive until you are approved.
4. The list holds immediate family plus no more than **10 friends or other people**. Friends are normally approved only if the relationship existed before prison.
5. There is no set limit on how many times the list can be changed, as long as it stays within the 10.
6. A holdover (someone passing through) can be visited by immediate family only.[1]

AT THE DOOR

CHILDREN AND TEENS	Children under 16 must come with an adult who is on the approved list. A 16 or 17 year old who is not with a parent, guardian or immediate family member who is 18 or older needs that person's written approval, shown on the visitor form BP-629, signed by the parent or guardian.[1]
FORMS AT THE DOOR	Every visitor fills out **Form BP-224, Notification to Visitor**, in front of the Front Lobby Officer.[1]
SCREENING	The FCI uses a walk-through **metal detector**; the camp uses a hand-held one. Fail it and you are denied entry, unless you have medical papers describing the implant. Everyone can be pat searched at random. In the FCI your hand is stamped with invisible ink and checked under a black light when you go in and when you leave.[1]
MONEY FOR VENDING MACHINES	One clear change purse no bigger than 6 by 6 inches. Coins only, **no more than two rolls of quarters ($20.00)**, out of the paper wrapper. One credit card for the machines only. You cannot leave money for their account.[1]
WHAT YOU CAN CARRY	A comb or hairbrush, a sweater or light jacket, jewelry you wear, 3 feminine hygiene items, and cardiac or seizure medication and inhalers (staff keep them at the officer's station). Diabetic medicine stays in your car. Everything else goes in your car or a locker.[1]
FOR A BABY	2 plastic baby bottles, 2 diapers and baby wipes in a clear container, 3 unopened containers of baby food and 1 small plastic spoon, 1 set of baby clothes, 1 bib and 1 small blanket. No diaper bags or baby carriers.[1]
NOT ALLOWED IN	Cameras and recording equipment, magazines, newspapers, books, matches, lighters, tobacco, photographs and photo albums, personal business papers, and food or drink (except for infant care).[1]
TOUCHING	Kissing, embracing and hand shaking are the only gestures allowed, at the start and at the end of the visit.[1]
WHEN IT GETS CROWDED	Visits can be cut to a **minimum of 2 hours**, and staff may end a visit after 1 hour. They look at how often you visit, **how far you traveled**, and when you came in. No more than 20 inmates may be in the visiting room before visiting ends. Someone cut short on Saturday will not be cut short on Sunday.[1]
TOBACCO	Cumberland is tobacco-free. That includes e-cigarettes.[1]

ALL VISITING DAYS AND HOURS

WHERE	DAYS	HOURS
FCI (main prison)	Saturday, Sunday and federal holidays	8:15 a.m. to 3:00 p.m.
Federal prison camp (FPC)	Saturday, Sunday and federal holidays	8:15 a.m. to 3:00 p.m.
Special Housing Unit (SHU)	Same days as the FCI. Non-contact video visits, one hour. Visits end at 2:30 p.m.	8:15 a.m. to 2:30 p.m.
Communications Management Unit (CMU)	Monday through Friday, not federal holidays. Non-contact. Scheduled through the unit team.	8:30 a.m. to 2:30 p.m.

The rules give no processing cutoff time. Staff start ending visits at **2:30 p.m.** if the room is crowded, and the last round of early endings is at **2:45 p.m.** Visiting ends at 3:00 p.m. Come early.[1]

The rules give no regular visiting days except Saturday, Sunday and federal holidays (CMU: Monday to Friday). Lawyers visit Monday through Friday, 8:15 a.m. to 3:00 p.m.

GETTING THERE

To the FCI, 14601 Burbridge Road SE, Cumberland, MD 21502	Take Interstate 68 to the Industrial Boulevard (Route 51 South) exit in Cumberland. Westbound this is Exit 43B. Eastbound, from Morgantown, the rules say it is also Exit 43B (the scan reads "438", most likely a misprint). Take Route 51 (Industrial Boulevard) South for 5.6 miles and turn right into the Allegany County Industrial Park at PPG Road. Follow PPG Road for 1.6 miles and turn left into the main gate of the FCI. The camp entrance is the second left turn. For the FCI, follow the main road 0.4 miles to the parking lot on the right.
Taxis and lodging (from the 2026 rules)	Yellow Cab Company: (301) 722-4050. Queen City Taxi: (301) 722-2800. Hotels listed: Best Western (301) 729-3300, Diplomat Hotel (301) 729-2311, Fairfield Inn and Suites (301) 722-0340, Hampton Inn in Frostburg (301) 689-1998, Ramada Inn (301) 724-8800, Red Roof Inn (301) 729-6700, Rocky Gap Lodge (301) 784-8400.

WHAT TO WEAR TO A VISIT

The BOP beats to its own drum. The front desk has the final say. Keep a spare outfit in the car.

FCI CUMBERLAND

Rules dated **July 7, 2026** (this year)

Official rules (PDF) (bop.gov/locations/institutions/cum/cum_visit_07072026.pdf) En español (PDF) (bop.gov/locations/institutions/cum/cum_visit_sp_07072026.pdf)

Skirts and dresses	Shorts, skirts, dresses no more than 1 inch above knee, including slits.
Shorts	Walking shorts allowed if within 1 inch of knee; no jogging shorts.
Colors to avoid	No khaki, brown, light brown, beige or tan clothing. No green clothing resembling inmate jackets. No grey-colored clothing.
Leggings, spandex	No leggings or spandex. No tight-fitting or stretch clothing.
Bras and metal	Clothing and undergarments should be free of metal pieces. Female visitors must wear a bra.
Camouflage, military	No camouflage clothing.
Shoes	No open-toe or open-back slip-on shoes. No flip-flops, thongs, or shower shoes.
Children	Not in the written rules.

ALL 30 RULES, IN THE BOP'S OWN WORDS

LENGTH AND FIT

- Shorts, skirts, dresses no more than 1 inch above knee, including slits.
  BOP wording: "no more than one inch above the knee to include any slits in the dresses or skirts."
- Walking shorts allowed if within 1 inch of knee; no jogging shorts.
  BOP wording: "Men and women may also wear walking shorts as long as they meet the above requirements."
- No tank tops or muscle shirts; shoulders must be covered.
  BOP wording: "No tank tops/ muscle shirts - All shirts and blouses must cover the shoulders (both"
- No halter or strapless tops.
  BOP wording: "Strapless blouses, sleeveless shirts or"
- No see-through clothing; revealing white clothing counts as see-through.
  BOP wording: "No see-through clothing or revealing shirts, blouses, halter or sleeveless shirts (if"
- No tight-fitting or stretch clothing.
  BOP wording: "No tight-fitting or stretch clothing such as leggings or spandex."
- No leggings or spandex.
  BOP wording: "No tight-fitting or stretch clothing such as leggings or spandex."
- No torn or ripped clothing.
  BOP wording: "No torn or ripped clothing."
- No athletic pants or sweatpants.
  BOP wording: "No hoodies, athletic or sweatpants, jogging shorts."

COLORS AND UNIFORMS

- No khaki, brown, light brown, beige or tan clothing.
  BOP wording: "light brown, beige, khaki, tan, or green) will not be allowed to enter the visiting room."
- No green clothing resembling inmate jackets.
  BOP wording: "inmate uniform or green inmate Jackets. Any visitor wearing similarly colored clothes (brown,"
- No grey-colored clothing.
  BOP wording: "No grey colored clothing."
- No camouflage clothing.
  BOP wording: "No camouflage type clothing"

BRAS, UNDERWEAR AND METAL

- Female visitors must wear a bra.
  BOP wording: "All female visitors must wear undergarments (bra)."
- Clothing and undergarments should be free of metal pieces.
  BOP wording: "Visitors should ensure that clothing items and undergarments are free from metallic"
- No watches of any kind.
  BOP wording: "No watches of any kind."

SHOES

- No open-toe or open-back slip-on shoes.
  BOP wording: "No flip-flop style/ open toe shoes / open back slip-on shoes."
- No flip-flops, thongs, or shower shoes.
  BOP wording: "No flip-flop style/ open toe shoes / open back slip-on shoes."

HATS, HOODS AND COATS

- No ball caps, hats, bandanas, sweat bands, do rags, or scarves.
  BOP wording: "No ball caps, hats, bandanas, sweat bands, do rags, or any other type of head gear"
- Approved religious head gear allowed; hijab and burkas permitted.
  BOP wording: "is authorized except for approved religious head gear."
- No hoodies or hooded shirts or jackets.
  BOP wording: "No hooded shirts or jackets."
- Banned items can't be hidden under coats or jackets.
  BOP wording: "The wearing of prohibited clothing items under"

EVERYTHING ELSE

- No gang/club symbols or obscene or offensive messages.
  BOP wording: "The wearing of any type of club, gang, or other"
- No wrap-around or button up/down skirts.
  BOP wording: "No button up/ down skirts."
- No plain white T-shirt as the only shirt.
  BOP wording: "plain white T-shirts as their only shirt."
- No professional sports team items or clothing.
  BOP wording: "No professional sports team-related items or clothing will"

- No medical scrubs or uniforms.
  BOP wording: "cotton athletic sweatpants, camouflage attire, medical scrubs/uniform."
- No hair bows, scrunchies, hair clips, or bobby pins.
  BOP wording: "No hair bows, scrunchies, hair clips, or bobby pins."

IF THEY SAY NO

- Visitors may be denied entry based on dress.
  BOP wording: "Visitors may be denied entry based on their dress attire."
- Operations Lieutenant or IDO decides entry based on attire.
  BOP wording: "This decision will be made by the"

MAIL AND THE MAILING ADDRESS

Your full name
Your street address
City, State ZIP

STAMP

Their committed name, exactly as the BOP Inmate Locator shows it

Reg. No. _____-___
FCI Cumberland
P.O. Box 1000
Cumberland, MD 21501

The envelope, filled in. Their name and number must match the BOP Inmate Locator exactly.[2]

The FCI handbook says write their committed name (as on their ID card, no nicknames), register number, "Federal Correctional Institution" spelled out, then P.O. Box 1000, Cumberland, MD 21501-1000. Ask them for their housing unit too.[2]

> **USE THE P.O. BOX ONLY.** Never mail to the street address.

THE MAIL RULES

WHITE ONLY	Envelopes and paper must be **white**, or the mail is rejected.[2]
NOTHING ON IT	Glitter, stickers, lipstick, crayon, stains, oil or **fragrance/scents**: rejected.[2]
STAMPS	Stamps and envelope flaps may be removed first.[2]
BOOKS AND MAGAZINES	At Cumberland (a medium-security prison) they may receive hard cover and soft cover books only from the **publisher, a book club or a bookstore**. Newspapers come from the publisher.[2]
PACKAGES	Packages over 16 ounces need approval first. The mail room accepts nothing without an approval form on file.[2]
MAIL DAYS	First-class mail is handed out Monday through Friday (not holidays).[2]
LEGAL MAIL	Opened in front of them. The front of the envelope must say it is Special Mail.[2]
MONEY	Never put money in a letter. It goes to the BOP lockbox in Des Moines, Iowa (see the Money tab).[2]

Sources

1. CUM 5267.09L, Visiting Regulation (July 7, 2026) bop.gov/locations/institutions/cum/cum_visit.pdf
2. FCI Cumberland Admission and Orientation Handbook (updated June 2021) bop.gov/locations/institutions/cum/cum_ao-handbook.pdf